# Analyzing the Relationship of Response and Survival in Patients With Refractory or Relapsed and Refractory Multiple Myeloma (RRMM) Treated With Pomalidomide Plus Low-Dose Dexamethasone (POM + LoDEX) in the MM-003 Trial

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## INTRODUCTION

- Patients (pts) with RRMM who have failed prior treatment (Tx) with bortezomib (BORT) and lenalidomide (LEN) have short overall survival (OS)1
- In the phase 3 MM-003 trial (NCT01311687), pts with RRMM treated with POM + LoDEX had significantly longer OS compared to pts treated with high-dose dexamethasone (HiDEX; hazard ratio [HR] = 0.74 [95% CI, 0.56-0.97], P = 0.0285)<sup>2</sup>
- With longer follow-up (median = 15.4 mos), OS benefit of POM + LoDEX was maintained vs HiDEX (13.1 mos vs 8.1 mos, HR = 0.72, P = 0.009)
- Overall response (≥ partial response [PR]) was 32% vs 11% and stable disease (SD) rate was 41% vs 46% for pts Tx with POM + LoDEX vs HiDEX, respectively<sup>4</sup>
- Due to the large proportion of pts in MM-003 that had SD,<sup>4</sup> it is important to understand whether any benefit is derived from Tx with POM + LoDEX in these pts

# **OBJECTIVE**

• To investigate OS in pts who achieved SD but no response during Tx in the MM-003 trial

# METHODS

#### **Study design**

The study design is shown in Figure 1

#### Study endpoints

- Primary: Progression-free survival (PFS)
- Secondary included: OS, overall response rate (ORR ≥ PR), duration of response, safety, and health-related quality of life

#### Figure 1. MM-003 Trial Design 28-day cycles (n = 302)Follow-Up for OS 4 mg/day D1-21 + and SPM Until 40 mg (≤ 75 yrs) **5 Years Post** Unacceptable AE **Enrollment** 20 mg (> 75 yrs) D1, 8, 15, 22 (n = 153)Companion Trial 40 mg (≤ 75 yrs) 20 mg (> 75 yrs) POM 21/28 days D1-4, 9-12, 17-20 Thromboprophylaxis was required for those receiving POM or at high risk for DVT

AE, adverse event; D, day; DVT, deep vein thrombosis; HiDEX, high-dose dexamethasone; LoDEX, low-dose dexamethasone; OS, overall survival; PD, progressive disease; POM, pomalidomide; SPM, second primary malignancy.

#### Key inclusion criteria

(BORT only)

- ≥ 18 years of age
- Measurable levels of M protein in serum or urine
- Refractory or relapsed and refractory disease
- Refractory to last Tx: Documented progressive disease (PD) during or within 60 days of completing their last Tx Failed BORT and LEN: Refractory, progressed within 6 mos following PR, or intolerant
- ≥ 2 consecutive cycles of LEN and BORT (alone or in combination)
- Adequate prior alkylator therapy (stem cell transplant or ≥ 6 cycles or PD following ≥ 2

# METHODS (cont'd)

#### **Key exclusion criteria**

- Absolute neutrophil count < 1.000/µL</li> Thrombocytopenia
- Platelets < 75,000/μL for pts in whom < 50% of bone marrow nucleated cells were plasma</li>
- Platelets < 30,000/µL for pts in whom ≥ 50% of bone marrow nucleated cells were plasma
- Creatinine clearance < 45 mL/min</li>
- Peripheral neuropathy ≥ grade 2
- Resistance to HiDEX in the last line of Tx

### Assessments

- Tumor response, including PD, was assessed by investigators and an Independent Response Adjudication Committee according to International Myeloma Working Group criteria
- OS was based on the intent-to-treat population (all randomized pts)
- Median follow-up: 15.4 mos
- Last pt enrolled: August 2012
- Data cut-off: September 1, 2013

#### Landmark analyses

- Landmark analyses were performed on Day (D) 1 of cycles (C) 3, 5, and 7 using Kaplan-Meier methods and unadjusted Cox regression models
- For both approaches, survival of pts with SD was compared with that of pts who achieved an overall response ≥ PR or had PD at the same landmark point in time

#### Time-dependent survival analyses

• Time-dependent covariate analysis was conducted to assess the risk of death in each response category (SD, ≥ PR, or PD)

# RESULTS

#### **Baseline characteristics**

- POM + LoDEX arm (C3. D1):
- There were no baseline characteristics that showed statistically significant differences across groups (Table 1)
- HiDEX Arm (C3, D1):
  - Based on the ITT population, baseline demographics were well balanced
- There were minor differences in baseline characteristics across response groups, including mean time from diagnosis

Baseline Characteristic		≥ PR n = 58	PD n = 44	SD n = 116
Age, n (%)	≤ 75 yrs	51 (87.9)	41 (93.2)	106 (91.4)
	> 75 yrs	7 (12.1)	3 (6.8)	10 (8.6)
Disease population, n (%) <sup>a</sup>	Disease group 1 Disease group 2 Disease group 3	48 (82.8) 1 (1.7) 9 (15.5)	38 (86.4) 0 6 (13.6)	92 (79.3) 3 (2.6) 21 (18.1)
ECOG performance status, n (%)	0-1	44 (75.9)	34 (77.3)	103 (88.8)
	1-2	14 (24.1)	10 (22.7)	12 (10.3)
	Missing	0	0	1 (0.9)
Sex, n (%)	F	24 (41.4)	19 (43.2)	45 (38.8)
	M	34 (58.6)	25 (56.8)	71 (61.2)
ISS stage, n (%)	I	20 (34.5)	12 (27.3)	37 (31.9)
	II	26 (44.8)	14 (31.8)	39 (33.6)
	III	12 (20.7)	16 (36.4)	31 (26.7)
	Missing	0	2 (4.5)	9 (7.8)
Cytogenetic status, n (%)	Low-risk	22 (37.9)	12 (27.3)	35 (30.2)
	Modified high-risk <sup>b</sup>	12 (20.7)	12 (27.3)	33 (28.4)
Prior anti-MM Tx, n (%)	2	6 (10.3)	3 (6.8)	4 (3.4)
	> 2	52 (89.7)	41 (93.2)	112 (96.6)
Refractory to BORT, n (%)		43 (74.1)	38 (86.4)	90 (77.6)
Refractory to LEN, n (%)		52 (89.7)	44 (100.0)	111 (95.7)
Refractory to both LEN and BORT, n (%)		38 (65.5)	38 (86.4)	86 (74.1)
Time from diagnosis, yrs	Mean	6.7	5.3	6.5
	Std Deviation	4.5	2.8	4.5

#### Disease Group 1 is defined as refractory pts who have progressed on or within 60 days of both LEN- and BORT-based Tx. Disease Group 2 is defined as relapsed and refractory pts who achieved ≥ PR and progressed within 6 months after stopping Tx with LEN and/or BORT. Disease Group 3 is defined as refractory/intolerant pts who have developed intolerance/toxicity after ≥ 2 cycles of BORT.

#### BORT, bortezomib; C, cycle; D, day; ECOG, Eastern Cooperative Oncology Group; ISS, International Staging System; LEN, lenalidomide; LoDEX, low-dose dexamethasone; MM, multiple myeloma; PD, progressive disease; POM, pomalidomide; PR, partial response; pt, patient; Q, quartile; SD, stable disease; Tx, treatment.

# RESULTS (cont'd)

#### **Landmark OS analysis for POM + LoDEX**

- Pts who had SD at the start of C3, 5, and 7 and were treated with POM + LoDEX had similar OS to pts who achieved ≥ PR at these same time points (Figure 2; Table 2)
- On D1 of C3, 5, and 7, pts who had SD had significantly different OS compared with pts with PD at the same time points (Figure 2; Table 2)

#### **Landmark PFS analysis for POM + LoDEX**

PFS was similar for pts who had SD or ≥ PR at the start of C5 or 7

# Figure 2. Landmark OS Analysis of POM + LoDEX C7, D1

C, cycle; D, day; LoDEX, low-dose dexamethasone; OS, overall survival; PD, progressive disease; POM, pomalidomide; PR, partial response; SD, stable disease.

#### Table 2. Comparison of OS With ≥ PR or PD vs SD in Pts Treated With POM + HR (95% CI) Cycle Response P value 0.3200 0.75 (0.43-1.31) ≥ PR vs SD C3, D1 < 0.0001 PD vs SD 3.83 (2.39-6.14) 0.4622 ≥ PR vs SD 0.74 (0.33-1.66) C5, D1 PD vs SD 2.81 (1.38-5.71) 0.0044 ≥ PR vs SD 0.90 (0.30-2.67) 0.8426 C7. D1 PD vs SD 2.66 (0.89-7.94)

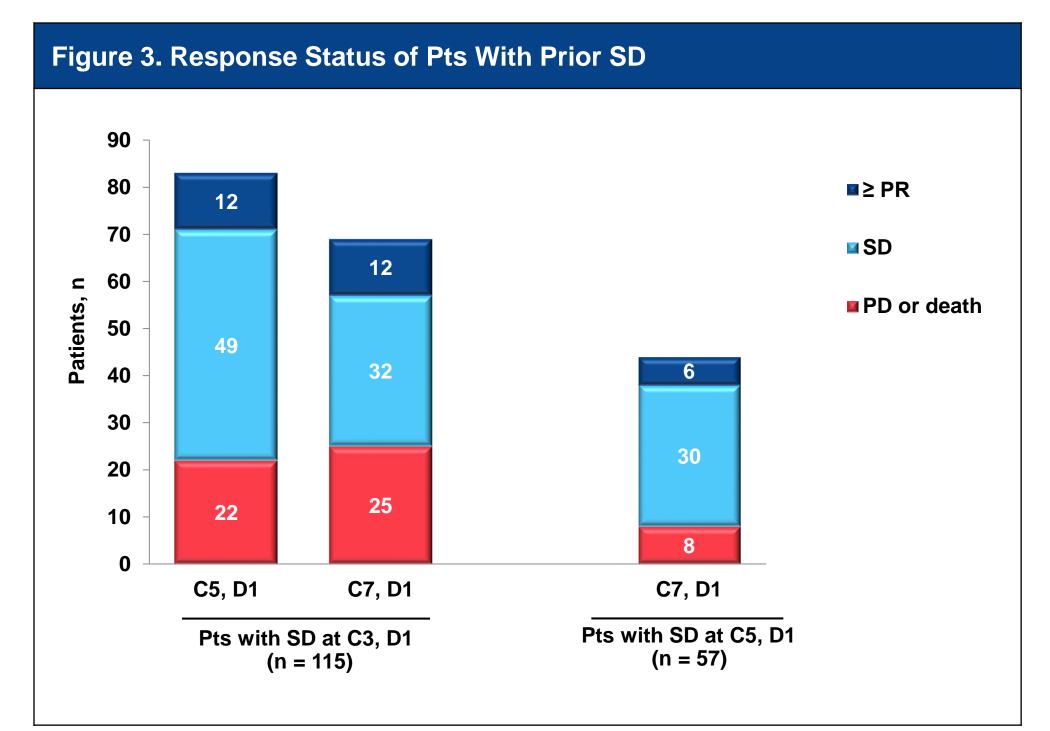
C, cycle; D, day; HR, hazard ratio; LoDEX, low-dose dexamethasone; OS, overall survival; PD, progressive disease; POM, pomalidomide; PR, partial response; Pt, patient; SD, stable disease.

#### **Landmark OS analysis for HiDEX**

- For pts treated with HiDEX, OS was similar between pts who had SD on C3, D1 and pts with ≥ PR at the same time point
- OS in pts with SD treated with HiDEX was significantly different from that in pts with PD at
- Later analyses were complicated by the fact that most pts in the HiDEX arm had died, and no conclusions could be drawn

#### Improvement in response

- Some pts with SD showed improved response after 2 or 4 cycles of SD (Figure 3)
- 17% of pts treated with POM + LoDEX who had SD on D1, C3 went on to demonstrate a response by D1, C7
- Approximately 14% of pts treated with POM + LoDEX who had SD for ≥ 4 cycles went on to demonstrate a response by D1, C7 (vs no pts in the HiDEX arm)



Note: Patient numbers do not sum due to missing data points. C, cycle; D, day; PD, progressive disease; PR, partial response; Pt, patient; SD, stable disease.

#### Time-dependent covariate analysis

- When looking at death in each response state (≥ PR, SD, or PD) over the course of the trial, pts had a greater likelihood of death during PD compared with SD, and a greater likelihood of death during either PD or SD compared with ≥ PR (Table 3)
- There was a trend toward a difference in risk of death in each response state across Tx arms, but this did not reach statistical significance (P = 0.0924)

#### Table 3. Summary of Survival Events by Response State in Pts Treated With POM + LoDEX (Q1-, 2), yrs state ≥ PR 47.7 0.48 (0.3, 0.71) 80.0 PD76.8 0.35 (0.15, 0.62) 1.37 0.18 (0.1, 0.37) 0.45 LoDEX, low-dose dexamethasone; PD, progressive disease; POM, pomalidomide; PR, partial response; Pt, patient; Q, quarter; SD, stable disease.

# CONCLUSIONS

- Pts treated with POM + LoDEX with SD at the start of C3, 5, and 7 had similar OS as pts who had ≥ PR at these time points
- Pts with either SD or ≥ PR had a longer OS vs pts who achieved PD at the same time points
- Some pts with SD improved their response status even after only achieving SD through ≥ 4
- By time-dependent covariate analysis, pts have a greater risk of death during PD than during
- Overall, there may be benefit in continuing POM + LoDEX Tx in pts who maintain SD for a long period of time

# REFERENCES

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